



Instant Philosophy

The Now Clock



Animated GIF ref: <https://images.app.goo.gl/BjkgQZpDYTYM2fA6>

Draw this image on the board.

Facilitation Questions

- What is 'now'?
- How long is 'now'? (a second, a minute, an hour?)
- Can we only experience 'now'? (Even in daydreams, sleep, memory?)
- Can we ever experience 'now'? (Is it possible to live fully in the present moment)
- Do I have my 'now' and you have yours? Or do all humans occupy the same 'now'?
- Why care about anytime other than 'now'?

Instant Philosophy

For time-strapped teachers
who want to give them the best start...

STEP ONE

STIMULATE



STEP TWO

AGITATE



STEP THREE

COGITATE



STEP FOUR

CELEBRATE

You managed to fit in philosophy today!

Cooking instructions: stimulate, agitate, cogitate... and celebrate!

1. Open packet and sprinkle a stimulating idea into a class of warm students
2. Stir things up: encourage the class to share different ways of seeing the stimulus
3. Once you have a morsel of disagreement, discuss that for five minutes or so
4. Take a moment to savour a tasty idea or skill arising from the conversation

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